

GUIDING OUR TEACHERS: A Briefer on Using the MAPEH MELCs

The Process

In light of the COVID-19 pandemic and the consequent shortened academic year, the Department of Education, through the Bureau of Curriculum Development-Curriculum Standards Development Division, has produced a list of the most essential learning competencies (MELCs). This was done in order to ensure that the grade level standards, along with the corresponding content and performance standards, set for each learning area are still attained. In the process of identifying the MELCs, the ENDURANCE criterion was used as the sole determiner. Guided by the requirement that a learning competency (LC) be useful in lifelong learning, the group of specialists' in-charge of the MAPEH curriculum recognizes the role of the subject in providing the physical, health, and cultural literacies including artistic expression skills necessary in acquiring the knowledge, skills and values to live an active life. Further, the MELCs identified are those that work in close association with other competencies in other subjects, thus maintaining the curricular quality of integration.

How to Use the MELCs

The MELCs serve as reference to assist the teachers in identifying the most important learning competencies to be developed by the learners and what must be prioritized in this crisis situation. Further, MELCs are not meant to replace the existing curriculum guide and effective only for SY 2020-2021.

MELCs with (*) are rephrased and deemed essential learning competencies in the achievement of content and performance standards. For example:

Component	MAPEH CG	Rephrased
Music	G2-Q2 - Demonstrates the melodic contour with movement	Demonstrates melodic contour through: a. movement b. music writing (on paper or on air) c. visual imagery
Arts	G10-Q1 - Determine the role or function of artworks by evaluating their utilization and combination of art elements and principles	Explain the role or function of artworks by evaluating their utilization and combination of art elements and principles
Physical Education	G1-Q3 – Describes the difference between slow and fast, heavy and light, free and bound movements	Demonstrates the difference between slow and fast, heavy and light, free and bound movements

Health Education	G2-Q1 – Discusses the important functions of food	Discusses the important function of food and a balanced meal
------------------	---	--